

MEDICAL STATISTICS OF WOMEN'S HEALTH AND FAMILY PLANNING

Fakhrurrazi Santoso¹
Nurul Hasanah Kutacane University ¹

ABSTRACT

It is hoped that from this discussion We as student especially We in the midwifery know problem any statistics Medical Women's Health And Planning Family ?. This research did study descriptive with approach qualitative . Research result that is leave from Problem The population in Indonesia is divided into two , namely related demographics with physical / quantitative and non- demographic which is more in the direction qualitative . Outline happen significant decrease to level growth population , number death babies , and the number of poor people. There are various programs for reduce various problem population should become attention all related parties for improvement continued quality of human resources happen . Apart from that, the government should notice return existing policies and legislation made To use welfare of the Indonesian people.

Keywords: Medical , Women's Health, Planning Family

Correspondence: Fakhrurrazi Santoso, S.Kom., M.Kom. Kutacane. Email:
kordaagara@gmail.com

INTRODUCTION

Man actually you can't live alone. That matter cause man must live socialize with other humans for carry out his life, as for For discussion related with group living human side by side and doing activity social named resident (Siwiendayanti, 2011). That's why definition these residents cannot called If only totaling 1 person or 1 family (Patimah, Sharief, Nukman, & Yusuf, 2022). However, everyone needs it card identity in future citizenship will explain resident Where He stay. Until the end bring up diverse system arrangement in classification resident (Siregar, Riantinti, Febriani, & Permatasari, 2023).

Women can help prevent stunting by make decision about planning family, like age married, total children, and distance child (Boimau, Al-Tadom, & Boimau, 2023). Growth rate this high population will impact on levels life and well-being resident (Krismiyati, 2020). Many people don't realize fact that problem health physical and psychological Woman is significant contributing components to quality low life for girls and, of course, will impact on quality life Indonesian people in general whole (Saptandari, 2016).

Resident actually considered as a group of people living and staying at something area certain. Therefore that's many meanings about resident (Antasari, 2016). Explanation on is explanation in a way etymology about resident. But that's for sure along walking time, distribution resident can increases and decreases. Increase unequal population with subtraction amount resident cause happen density resident.

Planning family means limit amount child in family For interest family. The Family Planning Program recommends that every family have two children or family small. Family small expected can fulfil all need life member family, which is ultimately will produce prosperous family (Pawitaningtyas, Pranata, & Soerachman, 2023).

Formulation Problem

1. What do you mean with resident ?
2. What are the dynamics in resident ?
3. What are the related factors with demographics resident ?

4. What do you mean with transition resident ?
5. Any problems in population in Indonesia?

Writing purpose

It is hoped that from this discussion We as student especially We in the midwifery know problem any statistics Medical Women's Health And Planning Family ?

LITERATURE REVIEW

Everyone's rights Indonesian residents for own good health . More access good to the service base health is one of the method For Get Health (Priastuty & Mulyana, 2021) . For replace term family planning (KB), which is known in the community with the slogan "two children enough " , term planning family used by all facilitator For adapt self with circumstances local social and cultural aspects (Pawitaningtyas et al., 2023) . Non - medical factors like political , economic , social and cultural influence health Woman in a way significant . This will influence quality life women and, ultimately , quality source Power man in a way whole (Subardjan, 2017) . Commitment politics , conditions economy , and tradition culture is example non- medical factors that influence to Women's health (Saptandari, 2016) . A moving mental impulse woman age fertile For fulfil need health reproduction known as motivation health woman age fertile . This can appear from in self woman age fertile Alone nor from stimulation from outside (Dwi Larasati, Dwi Susanti, & Bkti Prasetyo, 2015) .

Planning is the process of creating action period consisting length from steps For use source existing power in a way effective For reach objective certain (Somantri, 2023) . Collected data through an evaluation process evaluate mark or program effectiveness for fulfil objective . To take initiative health successful , these two processes must always done . This process is purposeful For confirm and evaluate program success (Nurrachmawati & Nurohma, 2013) .

For build healthy family , planning family is effort For arrange pregnancy , spacing and age ideal labor , and delivery in accordance with right reproduction (Somantri, 2023) .

METHOD

This research did study descriptive with approach qualitative . The purpose of this approach is For give description about objects and phenomena studied . Data collection technique : interviews deep . Data analysis was carried out simultaneously with data collection via stage data reduction , which includes selection , focus , and simplification and transformation of derived coarse data from notes field and written . The aim of this process is For make it easier comprehension , presentation , and retrieval conclusion from the data collected .

RESULTS AND DISCUSSION

Government committed For push acceleration development industry tool domestic health (Alkes) . Government believe that producer domestically has capacity For fulfil need domestic . According to data from the Ministry of Health, 358 types There are 79 types of medical equipment that have been produced domestically Medical devices are capable substitute / replace product import For need national , including electrocardiogram , orthopedic implants , nebulizer and oximeter. This proves it that producer Medical devices domestically can fulfil domestic market needs as well as replace product import . Until Currently there are 358 types product tool health that has been produced domestically , in system regalkes , Ministry of Health .

Several improvement strategies Domestic Products (PDN) for tool health can done through three stages that is phase research , phase registration , production , and distribution as well as phase sale . Among them done supportive regulations tool health domestic , purchasing via E- Catalog , TKDN tool health and development material standard tool health , knowledge transfer and technology transfer Human Resources specifically internal human resource development field of biomedical engineering. Promotion tool health domestically , as well increasing awareness of use Medical devices domestic to user, within this is doctors and staff health . Apart from tools health

There is a number of example product health Ready use a lot known Indonesian society , among others is :

- 1) Rice herbal medicine aromatic ginger
- 2) Turmeric herbal medicine tamarind
- 3) Excavated herbs singset
- 4) Oil wood white
- 5) Oil wasp

Health Services are something form service Services are of course different with goods . Service service have different meanings with goods . Service service is tangible actions that measure seen from performance , meanwhile service in form goods is form service with tangible object object . Somebody can not evaluate results from service before He feel Alone benefit from service the . They will concluded quality service from place , people, equipment , materials communication (communication materials), symbols , prices , service processes as well as their service observe and feel .

Various product service health

Medical devices

Since exists pandemic a number of tool health start searching for especially a thermometer or gauge body temperature , masks and equipment medical other . Even lately tools saturation oxygen also starts hunted . Tools the of course often needed For anticipate moment circumstances currently precarious and very useful for those who are moderate undergo isoman .

Open business sale tool health the Can be one opportunity potential business . Try For open business sell tool health by online. Now there are more people tend choose shopping need through the marketplace or online for reduce and avoid contact with outsiders .

Catering Healthy food

Healthy food will help body For Can more fit and not easy attacked disease or viruses. However sadly Still many people haven't aware food healthy is like What . That's good try start run food catering business Healthy . This will become brilliant effort Because Now focus society on the way guard health body . Provide food Healthy

along with information amount calories and also the benefits . Consumer will more interested Again If material food is also listed . Slowly will Lots consumers who come and become loyal customers .

Health Books

For hobbyists I can write this become fun job . Share energy medical who wants add income Can use this way . Business ideas in the field this health can done adjust at any time time available free time . Give knowledge and information in detail regarding health in books that are compiled and created . To be able to success , sure focus and maximum do promotion using social media .

Writer can be one choice business service . Writer now no need print his writing If want to read by the public crowded . With the existence of the internet and several available platforms , author could just upload his writing himself on his personal blog or also the company website place He Work .

There are some example from service writer includes , content writer , namely a person who creates writing in the form of articles on blogs or personal websites nor company . Then, SEO writer , namely writers who can combine content his writing with techniques from SEO (Search Engine Optimization). Next , there is a copywriter , namely the person who does the work writing For the product will advertised .

Open Pharmacy

This is of course need power expert with background behind special namely Bachelor of Pharmacy. If you have the place where it is located strategic as well as Not yet is around House or place that provides it medicines , of course this will become opportunity good effort . This pharmacy business is also possible maximized with join the marketplace.

Provision uniform For power health

Business uniform power health Possible Still seldom glanced at . Even though this is a promising sector . Energy health need costume safety and costumes work that can reliable during they are on duty.

2. In business increase well-being family so important to note about amount child distance birth between Older brother with his sister . This is one thing business from the program...

- a. counseling productivity teenager
- b. health reproduction woman and man
- c. family program counseling planned
- d. counseling family happy prosperous
- e. business increase well-being family

answer : C. family program counseling planned

discussion :

The objectives of family planning counseling are :

- 1. reduce amount resident
- 2. improve health family
- 3. reduce poverty
- 4. improve well-being mother and child

3. One female , 35 years old , has 2 children , 3 years old and 1 year old , comes to the community health center For have birth control. Study results patient Not yet Once have birth control. On documentation midwife line bottom age patient . is reason midwife consider age important note in the case the ?

- a. Age 35 years is the risk limit
- b. Patient late have birth control
- c. Patient Not yet Once have birth control
- d. Because The patient already has 2 children
- e. For determination chosen birth control alternative

answer : E. For determination the chosen birth control alternative

discussion :

At the age of over 35 years , a person women are not recommended For pregnant Again Because its height risk complications pregnancy . Contraceptive methods choice is contraception steady , or frequent called sterilization . Contraception Excellent can form tubectomy For woman or vasectomy For man . In addition to these methods , methods

contraception such as IUDs, birth control injections , birth control pills , implants , and methods conventional also remains can used although it is not recommended .

Another thing that is necessary observed in choose method contraception is level its effectiveness in prevent pregnancy , effects side effects , as well history your health as well as family can influence use of one method contraception .

CONCLUSION

Government committed For push acceleration development industry tool domestic health (Alkes). Government believe that producer domestically has capacity For fulfil need domestic. Service service have different meanings with goods. Service service is tangible actions that measure seen from performance, meanwhile service in form goods is form service with tangible object object. Various product service health that is tool health, catering food healthy, book health, open pharmacy and provision uniform power health.

REFERENCES

- Antasari, Rina. (2016). Peran Perempuan dalam Perencanaan Keluarga Responsif Gender Berbasis Agama di Desa Mulyo Rejo Kecamatan Sungai Lilin Kabupaten Musi Banyuasin. *Intizar*, 22(2), 221. <https://doi.org/10.19109/intizar.v22i2.942>
- Boimau, Serlyansie V, Al-Tadom, Nurlaelah, & Boimau, Adriana M. .. (2023). Peran Perempuan dalam Perencanaan Keluarga sebagai Upaya Pencegahan Stunting di Desa Penfui Timur. *JURNAL ILMIAH OBSGIN*, 15(4).
- Dwi Larasati, Evi, Dwi Susanti, Henny, & Bakti Prasetyo, Yoyok. (2015). Efektivitas Penggunaan Media Promosi Kesehatan Video Yoga Dalam Meningkatkan Motivasi Kesehatan Wanita Usia Subur Tentang Kesehatan Reproduksi. *Jurnal Keperawatan* , 6(2), 88–101.
- Faris, Salman, Sitompul, Ahmad Irhan, & Nainggolan, Tuty. (2023). Influence Tuition Fees And Facilities On Student Decisions For Choose Study At The Faculty Of Agro Technology, Universitas Prima Indonesia under a Creative Commons Attribution-NonCommercial 4.0 International License (CC BY-NC 4.0). *Jurnal Ekonomi*, 12(02), 2023. Retrieved from <http://ejournal.seaninstitute.or.id/index.php/Ekonomi>
- Krismiyati, Murti. (2020). Kesesuaian Penggunaan Alat Kontrasepsi Berdasarkan Pola Perencanaan Keluarga Pada Akseptor Kb Pasangan Usia Subur. *Jurnal Kesehata*

- Karya Husada, 8(1), 68–75. Retrieved from <https://jurnal.poltekkeskhjogja.ac.id/index.php/jkkh/article/view/381>
- Nurrachmawati, Annisa, & Nurohma, R. P. (2013). Potret kesehatan perempuan korban kekerasan dalam rumah tangga (studi kasus di pusat pelayanan terpadu pemberdayaan perempuan dan anak Kalimantan Timur). *Jurnal Kesehatan Reproduksi*, 3(1), 24–37.
- Patimah, Sitti, Sharief, Suchi Avnalurini, Nukman, Nukman, & Yusuf, Rezky Aulia. (2022). Peningkatan Literasi Gizi-Kesehatan Perempuan sebagai Upaya Pencegahan Malnutrisi pada Kelompok Rawan Gizi di Level Keluarga. *PengabdianMu: Jurnal Ilmiah Pengabdian Kepada Masyarakat*, 7(4), 580–586. <https://doi.org/10.33084/pengabdianmu.v7i4.3094>
- Pawitaningtyas, Indah, Pranata, Setia, & Soerachman, Rachmalina. (2023). dalam Perencanaan Keluarga. *Konfrensi Nasional Ilmu Kesehatan STIKES HUSADA*, 1(1), 21–29.
- Priastuty, Bella Ayu Dianti, & Mulyana, Olievia Prabandini. (2021). Hubungan Antara Konflik Peran Ganda Dengan Stres Kerja Pada Tenaga Kesehatan Wanita Di Puskesmas. *Character: Jurnal Penelitian Psikologi*, 8(2), 94–104.
- Saptandari, Pinky. (2016). Nilai-Nilai dan Praktek Budaya Tentang Pemenuhan Kesehatan Perempuan Bawean. *BioKultur*, V No. 1(1), 36–60. Retrieved from chrome-extension://efaidnbmninnibpcapjpcglclefindmkaj/https://eprints.ums.ac.id/54615/3/Naskah_Publikasi_Format_Unggah_Perpus.pdf
- Siregar, Tatiana, Ritanti, Febriani, Nelly, & Permatasari, Indah. (2023). Fenomena Kesehatan Perempuan Nelayan Di Kuwu Pabean Udik Kecamatan Indramayu Jawa Barat. *Jurnal JKFT: Universitas Muhammadiyah Tangerang*, 8(1). Retrieved from https://jbasic.org/index.php/basicedu/Editorial_Team
- Siwiendayanti, Arum. (2011). Keterlibatan dalam aktivitas pertanian dan keluhan Kesehatan Wanita Usia Subur. *Jurnal Kesehatan Masyarakat*, 7(1), 73–82.
- Somantri, Ocky Mulya. (2023). Perencanaan dan evaluasi program perencanaan keluarga di masa wabah covid-19. *Journal of Gender Equality Disability Social Inclusion and Children JGEDSIC*, 1(1), 42–60.
- Subardjan, Subardjan. (2017). Perencanaan Keluarga Dan Fertilitas Suku Bajo Di Era Perubahan (Studi Kasus: Suku Bajo Di Perkampungan Mola Kecamatan Wangi-Wangi Selatan Kabupaten Wakatobi). *Media Komunikasi Geografi*, 18(1), 40–53. <https://doi.org/10.23887/mkg.v18i1.10556>
- Simarmata, Dameria, & Situmorang, Dokman Marulitua. (2023). Penerapan Sistem Informasi Akuntansi Kota Batam. *Jurnal Kewirausahaan Bukit Pengharapan*, 1(1), 38–51.